



Providing women
in crisis or transition
with a stable environment
and the opportunity to explore
options for their future.

Inspiring Community.

Igniting Hope.

I have had a chance to think about my future and make goals I would like to accomplish.

– NSH resident

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Dear Friends of Haven Housing,

The Wilder Foundation recently reported that homelessness in our state has increased 10 percent just since 2015. Currently, over 10,200 people experience homelessness in Minnesota each and every night. Contributing to the growing homelessness problem is a lack of affordable and safe housing. In this climate, Haven Housing's services are needed more than ever. Unfortunately, as the need for our services has grown, the government funding for them has remained stagnant. Nevertheless, we persist.

For 38 years, Haven Housing has been a champion in the fight against homelessness and housing instability for women and women-led families. In recent years, there has been an abundance of research on the lasting impact of trauma and how trauma can prevent a woman from achieving stability. Many women who come to Haven Housing have faced significant traumas including abuse, sexual assault, sex trafficking, mental illness, chemical dependency, poverty, racism, and sexism. They often enter our programs in need of substantial skills, knowledge, and resources to combat and overcome the life-altering nature of their trauma.

Supports such as those provided through the programs of Haven Housing are necessary for individuals and families to maintain stable housing. *We believe, and research confirms, that the work being done at Haven Housing is exactly what is needed for women and women-led families to end the cycle of homelessness and to thrive.* And we are committed to providing those supports despite the challenges we may face.

So, despite what can seem like overwhelming challenges with homelessness in the state of Minnesota and the perpetual shortage of government funding to combat the problem, we at Haven Housing choose hope. Hope that our programs are healing the effects of trauma. Hope that each woman and child we serve is experiencing a supportive community and finding strength to press on. Hope that the generational cycle of poverty is being broken. And hope that, at the end of the day, the lives of our residents are being transformed.

Thank you for joining us in our mission to provide hope, one life at a time.

In gratitude,

Julie Kelley
Executive Director

Emily Stearns
Board Co-Chair

Noah Lauricella
Board Co-Chair

470 volunteers gave

5385 Hours

of time for a total value of almost

\$133,000

of volunteer labor

Average length of stay at
Ascension Place increased to

317 days

Average length of stay at
St. Anne's Place increased to

54 days



- 77 children's mental health groups
- 98 children's music therapy classes
- 16 children's exercise groups
- 18 parenting groups
- 79 tutoring sessions
- 58 kids' field trips
- 75 backpacks filled with school supplies
- 22 Early Childhood Family Education classes

- 64 therapy dog visits
- 98 chemical health groups
- 250 hours of consultation and programming with an on-site nurse
- 10 financial literacy classes
- 24 arts groups led by Free Arts
- 156 women's mental health groups
- 145 women's health and wellness activities
- 45 Community Meetings

We provided housing to
437 women and children:

217 women and 220 children

Approximately

46,500

beds filled per year

“When I was a kid, I cried out for help and no one heard me.
My daughter cried out for help and I heard her.
Here at St. Anne's Place, I'm determined to get her
the help that I never got.”

St. Anne's Place

After experiencing homelessness for most of her life, Tonya moved into St. Anne's Place with the youngest of her four children. **Reeling from a lifetime of trauma, Tonya was often on edge, resistant to accepting help from staff, and unwilling to participate in groups and activities.**

As the months passed and trust was built between Tonya and St. Anne's Place staff, she began to accept small breaks as staff offered to watch her infant. Her mood lifted, and she accepted staff's suggestion to attend Mom's Group. **During that first group, Tonya was able to open up about her difficult past, offer suggestions and support to other moms, and even remember how much she loved being part of a community.**

She began to attend financial literacy classes, ECFE, Music Therapy, Mom's Night, and even voted in the local election. Shortly after this emotional turnaround, Tonya started an In-Home Trial Visit at St. Anne's Place with her other three children. This was a monumental moment in Tonya's life, as this was the first time she had lived with and cared for her four children, all under age five, at once. **St. Anne's Place staff saw how hard Tonya was trying and assisted her in any way possible, gave her positive feedback, encouraged her daily, and cheered her on when she found out she was weeks away from getting her own apartment.** Tonya's social worker and St. Anne's Place case managers worked together to complete paperwork, coordinate with apartment management to ensure requirements were met, and prepare for the move. After nearly four months at St. Anne's Place, Tonya and her four children successfully moved into their new home. **"It was a long journey for my family," says Tonya. "But it was worth the wait. I'm so grateful for all of the services and support I received at St. Anne's Place."**

Ascension Place

Gina faced significant trauma in her childhood. **"There were some very dark times in my childhood. There was a lot of abuse from those around me."**

Throughout her early life Gina lived in survival mode, without anyone safe to lean on. These circumstances led Gina to fall in love at a young age and have a child with an abusive man. She escaped this relationship, but soon found herself in another abusive relationship. This pattern lasted many years, yet despite the abusive relationships and having to raise her kids on her own, she always stayed steadily employed, maintained stable housing for her children and made sure they went to school.

"I tried to persevere no matter what life brought to me."

Gina came to Ascension Place after suffering a discriminatory accusation by her previous landlord, making it difficult for her to find housing. Ascension Place provided a secure place to stay to fight against her landlord in housing court and to heal from the many traumas her life had dealt her. After being at Ascension Place for a number of months Gina told us:

"Ascension Place has been a safe place for me. This safety has given me peace of mind and confidence. For the first time I have the ability to think about what I need to do to be healthy."

Gina consistently participates in the support groups at Ascension Place and sees a therapist regularly. She is a model resident. She has also become a champion for the cause of free legal representation for defendants in housing court. She is a member of the Volunteer Lawyers Network Committee as a client representative. Because of this position she was asked to stand with Mayor Frey on November 14th when he announced that he was launching a program called "More Representation Minneapolis" to increase the legal representation of tenants in Hennepin County housing court. Her actions were so important that news station KSTP came to Ascension Place to interview Gina for a feature news story.



There's hope, Gina says. Working on myself and my needs is creating a payoff for my kids. The changes that I am making will break the generational cycle of poverty and negativity for my children.

Next Step Housing

Many challenging circumstances brought Teresa to Ascension Place, including a history of mental health issues and a painful divorce. After one year at Ascension Place, Teresa felt she had received the support and stability to become more independent. A vacancy became available at our Next Step Housing apartment building, and Teresa moved in. During her three years in the building, Teresa established a good tenant history, providing her opportunities for independent living. Teresa also worked on her anxiety and depression, and consistently demonstrated a strong desire to move forward. Through intensive case management, Teresa overcame many barriers in her life and began to thrive.

In 2014, Teresa expressed an interest in taking the next step toward independence, and worked with staff to move to her own apartment, while maintaining the support of the Next Step Housing Program. Her case manager assisted Teresa with applying for affordable housing opportunities, and coached her on building and maintaining a strong landlord/tenant relationship. Staff also connected her with community resources she could utilize to assist in maintaining independence. While in her apartment, Teresa met regularly with her Next Step Housing Case Manager, paid rent on time, communicated with her landlord, and maintained her lease agreement.

In April 2019, Teresa was accepted into an affordable housing program and is now able to maintain her independence without the assistance of Next Step Housing case management.

Because of her perseverance and the supports given by Haven Housing, **Teresa has achieved health, stability, and self-sufficiency. She has more freedom and joy in her life than she ever thought was possible.**

Donors

We are profoundly grateful to the following foundations, corporations, businesses, faith communities and individuals who supported our work in 2018. We make every effort to ensure the accuracy of our records, but please let us know if there is an error or omission in this listing. Thank you for your continued support of women and families rising, recovering and reclaiming their lives.

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Audited Financial Statement for year ending 6.30.18

Assets and Liabilities

Assets

Current assets 2,294,863
 Fixed assets 1,494,039
 Total assets 3,788,902

Liabilities

Current liabilities 283,551
 Long term liabilities 202,000
 Total liabilities 485,551

Net Assets

Unrestricted 3,289,216
 Temporarily restricted 14,135
 Total net assets 3,303,351

Total Liabilities and Net Assets 3,788,351

Revenue & Expenses

Revenue

Total Revenue 2,224,143

Expenses

Total expenses 2,225,465

Program services

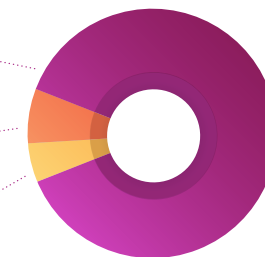
88.10%

Management/ Operations

7.00%

Fundraising

4.90%



Revenue by Program

Ascension Place 750,517
 St. Anne's Place 932,622
 Next Step Housing 466,424
 Other 74,580

Expenses by Program

Ascension Place 659,589
 St. Anne's Place 829,691
 Next Step Housing 471,289
 Other 264,896



Haven Housing is a
 501 (c) 3 organization.



haven
HOUSING

ASCENSION PLACE
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1803 Bryant Avenue N.
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